



# Girls Youth Volleyball Rules

Fall 2016

*The Republic Parks and Recreation Department will follow Missouri State High School Athletic Association (MSHSAA) rules, with exceptions for certain rules as follows:*

1. Teams must be comprised of at least eight players and we recommend no more than 12 players. At least four players must be present at the start of the game or the game will be considered a forfeit. **A five-minute grace period will be allowed for the first match only.** There will be NO “borrowing” or “bringing” players from other teams and off the stands to fill in. If the game is forfeited you may still practice during your game time but there will be no referees.
2. Each match will consist of a best of three series of games. The first two games will be rally scored to 25 points (no cap), and the third, if needed, will be rally scored to 15 points (no cap). Every game must be won by a 2-point margin.
3. Let Serve will be used—a ball that when served, hits the net without touching the net antenna and continues across the net into the opponent’s court is a playable live ball.
4. A legal contact is a touch of the ball by any part of the player’s body.
5. There will be no time limit for each game.
6. Libero player will not be used to encourage player participation and development.
7. The rest period between games will be one minute and three minutes between matches.
8. Injury substitution may be made at any time and a team may play with fewer than four players if an injury during the game causes the team to be short.
9. Teams will follow standard substitution procedures. Standard substitution procedures are as follows: Starting players may be replaced by any player on the bench (but not by another starter). Once a starter is replaced, to be eligible to come back into the game she must re-enter for the player who took her spot (her substitute). The rotation must continue in the same manner. The rotation, once started, cannot be broken for that game. No substitutes can sub for more than one starter/position in the same game. Rotations may change for other games in the match.
10. Each team must provide their own line judge for each game. Line Judge must be at least 15 years old.
11. Time-outs may be requested any time the ball is dead. Time-outs shall not exceed one minute. A team is allowed two time outs per game with no carry over.
12. Players in the 7<sup>th</sup> - 8<sup>th</sup> grade league will serve from the baseline (approx. 30 ft. from the net). **Players in the 3<sup>rd</sup> – 6<sup>th</sup> grade may serve from the free throw line (approx. 23 ft. from the net).**
13. The official net heights: 3<sup>rd</sup>-4<sup>th</sup> grade: 6’6”, 5<sup>th</sup>-6<sup>th</sup> grade: 7’0”, 7<sup>th</sup>-8<sup>th</sup> grade: 7’4”
14. **Players in grades 3<sup>rd</sup>-6<sup>th</sup> grade will use the official Volley-Lite volleyball & players in grades 7<sup>th</sup>-8<sup>th</sup> Grade will use the regular official size volleyball.**

15. All players on a team must wear like-colored uniforms with numbers on their backs for identification. Numbers must be at least 6" on the back, which is not a duplicate of a teammate's number.
16. Jewelry will not be allowed.
17. Poor sportsmanship will not be tolerated. As a coach you are responsible for your team's crowd and their actions.
18. The official team roster and Coaches Code of Ethics must be filled out completely and turned in before the first game of the season. A team line up with names and starting positions must be turned in to the score keeper at least 10 minutes prior to game time.
19. A player can participate on only one team, that being the team for which she is on the official team roster. Players found to be playing on a team other than the team for which she is on the official team roster will be suspended for the rest of the program. The team(s) for which the player played illegally will forfeit all games in which he or she participated and the coach will be suspended for the next two games. Players participating without being listed on the official team roster are considered ineligible. Teams found using an ineligible player will forfeit all games in which the ineligible player participated. No new players may be added to the team roster or change teams after the first game of the season has been played.
20. Males are allowed to play, however team rosters must be at least 50% female. Additionally, a maximum of 3 males (50% or less of players) is allowed to play on the court at any given time.
21. Should a team forfeit two consecutive games without notifying the Recreation Department the team will be dropped from the league.
22. Two adult coaches are permitted on the "bench." Coaches are to remain seated on the bench while play is in progress.
23. No protests are allowed on judgement calls of the officials. The official score sheet will be final. Concerns about officials must be made to the Recreation Supervisor. All protests must be filed by the head coach or the assistant coach at the Community Center within twenty-four hours of the violation.
24. Each team will receive two coaches' passes good for free entry into any & all of the games during the season. Coaches' passes must be shown at the gate. All fans between the ages of 12 and 55 will be required to pay a \$1.00 entry fee per league game.
25. The Recreation Supervisor reserves the right to make final determination on any rules or interpretations that may differ from the high school rulebook.

### **Republic Parks & Recreation's Gym Rules & Security**

We are requesting your assistance in enforcing the following rules, which are to be observed by all groups using the gyms.

1. No one except the Republic Parks & Recreation Supervisor is allowed to touch or adjust the nets at anytime.
2. Siblings of players should remain in the gyms at all times and not be allowed to run the hallways without parent supervision.
3. Participants and spectators are allowed to utilize the walking track above the gym, however, people are prohibited from standing and watching gyms from above the court....only walking/running is allowed.
4. Children under the age of 12 must be accompanied by an adult.

**Thank you for helping us take care of our gym!**